

# Instruction

Students attending ATEC receive instruction and training in life skills and transition related activities under the direction of transition teachers. Training includes daily and community living skills, money management, cooking, social skills, employment skills, transportation and functional academics. Instruction is designed to move students through a continuum of skills with advancement to varying degrees of independence based on student readiness and achievement.



# MATC Chef Prep

Students attending ATEC have the opportunity to participate in a modified chef prep class taught through the Mountainland Applied Technology College (MATC) at Thanksgiving Point campus. Students learn how a professional kitchen works and whether the skills and interest exist to pursue a career in culinary arts.



# Lunch Break Café

Students also have an opportunity to improve their personal cooking skills in our Lunch Break Café. Students work on a variety of skills to become self-sufficient in the kitchen. In addition, the Café provides a hot meal two days a week for ATEC students and staff at a minimal cost.



# Alpine Transition and Education Center (ATEC)

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# Transition Services

Offered in the Alpine School District

Alpine Transition and Education Center offers participants a variety of experiences based on the student's individual needs. The program is designed to support students to make a smooth and effective transition into the adult world through the development of personal skills and abilities. Access to instruction and activities targeting independence and participation in the community prepares students to live, work, and participate in the community as productive, contributing members of society.



## Vocational Training

Vocational training is an important part of the transition process. ATEC has partnered with several local businesses to provide training to students in the community and at the ATEC campus. Under the direct supervision of a job coach, students work in small groups to learn the work skills and work behaviors to become employed in a future job of their choice. Students will train in a variety of sites to learn the job skills needed for different types of jobs and move through a continuum of work sites as skills improve.



In addition to the work training sites, students capable of working alone in the community have access to job coaching staff that can assist students to find and apply for individual employment or volunteer work. The job coach's main role is to help students and their families assess student strengths, interests, and available supports needed to determine the type of job that the student would be the most successful and happy with. Once a student obtains employment, the job coach works with the employer and the parents to train the student in his or her specific responsibilities and fades support as the student becomes more independent and uses the natural environmental job supports.